



BRIDGES TO MENTAL HEALTH

Crisis Numbers and Mental Health Supports (Omaha)

Safe Harbor Warm Line: (402) 715-4226

Nebraska Family Helpline & Crisis Response Team: 1-866-8660

Boys Town Hotline: 1-800-448-3000

YES Shelter for Teens: 402-578-SAFE

Lasting Hope Psychiatric Hospital (main number): 402-717-5300

PES Psychiatric Emergency Services at Nebraska Medicine Open 24/7 for psychiatric emergencies; accessed by going to UNMC Emergency Dept.

WCA 24-Hour Hotline Local (for Domestic Violence & safe shelter): 402-345-7273

CPS/APS NE: 1-800-652-1999

BOMH Douglas Co: 402-444-6215 Sarpy Co: 402-593-2230

Crisis Support Lines (National)

Suicide Prevention Lifeline 24/7: “988” or 1-800-273-8255 option “1” for Veterans line

Crisis Text Line: 741-741 , type “Hello”

Love is Respect DV Hotline National: 1-866-331-9474 Text: 22522, type “Love”

Maternal Mental Health Hotline: 1-833-9-HELP4MOMs 1-833-943-5746

Physicians Support Line: 1-888-409-0141

Trans Lifeline: 1-877-565-8860

Psychiatric Hospitals in the Omaha/Metro area:

Immanuel Hospital (IMC Immanuel Medical Center CHI)

6901 N. 72nd St.

Omaha, NE 68122

PH: (402) 572-2121 (general hospital information)

In-patient psychiatric units (most on 4th Flr of Hospital)

Adult 4 East Unit: (402) 572-2483

Adult Special Care Unit: (402) 572-2480

Child/Adolescent Unit: (402) 572-2480

Heritage Geriatric Unit (8th Flr): (402) 572-2425

They serve Adult, Child/Adolescent, and Geriatric populations (Heritage center for geriatric patients). They also have a Special Care unit for intensive-needs adults.

Immanuel also has **Partial Hospital Program** for adolescents, adults, and geriatrics

Adult Partial: (402) 572-3270

Adolescent Partial: (402) 572-2870

Heritage Partial: (402) 572-3490

Immanuel has a **PRTF (Psychiatric Residential Treatment Facility)** in-patient long-term care for adolescents: PH: (402) 572-2895

CHI has various **Out-Patient Mental Health Clinics:** Immanuel, Lakeside, Lasting Hope Downtown, Mercy in Council Bluffs

Main Scheduling Line for all CHI Psychiatric Clinics PH: (402) 717-4673

Lasting Hope (LHRC- Lasting Hope Recovery Center CHI)

415 S. 25th Ave. (25th & Harney St.)

Omaha, NE 68131

Main PH: (402) 717-5300

Unit A: (402) 717-5420

Unit B: (402) 717-5440

Unit C: (402) 717-5460

Special Care: (402) 717-5380

Only serves adult (all ages over 19); no Child/Adolescent services.

No Partial Hospital Programs. No residential treatment option.

Lasting Hope **Out-Patient MH Clinic** (formerly Creighton CHI clinic) – connected next door to hospital (same address): 415 S. 25th Ave.

PH: (402) 717-5550

UNMC Emergency Dept./PES Psychiatric Emergency Services

4200 Emile St. (main Nebraska Med/UNMC hospital)

Omaha, NE 68198

PES Main Phone: 402-836-9200

Medical Director of PES: Dr. Ashish Sharma

Manager of PES: Jennifer Sparrock, LICSW

Only serves adults (all ages over 19); no Child/Adolescent services.

FIRST a Person must be see/evaluated in the **Emergency Dept.**

THEN, determination is made to transfer to PES, in-patient medical floor, or discharge.

*Some people only need short-term PES treatment for stabilization; some need to be transferred to another hospital for longer treatment in-patient psychiatric hospitalization.

UNMC does not have a Partial Hospital Program. No residential treatment option.

NE Med has **IOP and Out-Patient Addictions Clinic** Treatment: 402-552-2071

Out-Patient Psychiatric Clinic (Child/Adult/Geriatric): (402) 552-6007

Douglas County Hospital (DCMH)

4102 Woolworth Ave.

Omaha, NE 68105

Main Number (for all Dg Co Services): (402) 444-7000

Adult in-patient 5 East Unit: (402) 444-7706

Adult in-patient Special Care: (402) 444-3375

Only serves adults (over age 19); no Child/Adolescent services; Has Respite Care svcs.

Partial Hospital Program for Adult MH (Mostly for patients with Medicaid or uninsured)

PH: (402) 444-7777

Out-Patient MH Clinic Services, includes Addictions & IOP services (uninsured):

PH: (402) 444-7931

Has long-term care (psychiatric and medical). Long wait list.

Boys Town Psychiatric In-Patient Hospital

Only for child/adolescent ages up through age 18

Do not have own ER/Evaluation Center. Need to be transferred there from another evaluating ER/hospital.

14043 Brookhouser Rd

Omaha, NE 68101

Veterans Hospital and Med Center Clinics (VA)

4101 Woolworth Ave.

Omaha, NE 68105

Main Mental Health Svcs. Number: (800) 451-5796

In-Patient (in VA Hospital) PH: (402) 995-4222

Has Residential Care unit for MH & SUD at Omaha VA hospital

Out-Patient center (therapy and day program): PRRC Bldg 8: PH: (402) 995-4550

VA has a Residential Program for Psychiatry/MH in Grand Island for NE/IA veterans.

Council Bluffs Psychiatric Hospitals

Mercy Hospital (McDermott psychiatric unit of Hospital - in Council Bluffs)
800 Mercy Dr.
Council Bluffs, IA 51503

Adult in-patient unit: (712) 328-5311
Child/Adolescent in-patient unit: (712) 328-5985

Partial Hospital Program for Child/Adolescent: (712) 328-5919

No Adult Partial Hospital program. No residential care. Accepts NE patients and NE Medicaid.

Out-patient clinic services PH: 712-328-2609

Jenny Edmunson Hospital (Methodist in Council Bluffs)
933 E. Pierce St.
Council Bluffs, IA 51503
PH: (712) 396-6000

No Partial Hospital programs. No residential care. Accepts NE patients.

The only **Residential Treatment Centers (long-term in-patient care) for Adults** are:
Lincoln Regional Center (LRC – state psychiatric hospital in Lincoln)
Telecare (in Sarpy Co. Bellevue)
Douglas County Long-Term Residential Care

***A person has to get committed to long-term care via Board of Mental Health (BOMH) and wait a long time at in-patient hospital and/or get court ordered and wait in jail in order to get into LRC or Telecare facilities. An out-patient doctor can't just do an order/referral for someone to be sent there (used to be able to).
Many people go to Telecare as 'step-down' from LRC. They can only stay approx. 3 months then have to find community-based placement.

A doctor can make a referral for a person to go to Douglas Co. Long-Term Residential Care if they've failed all other community placement options and they aren't BOMH committed (not eligible to go to LRC), and they are Medicaid/Medicare or low-income/indigent and uninsured. To get intake process started, Call main Dg Co Services number and talk to nurse coordinator who facilitates long-term care intakes.

Psychiatric Providers in Omaha (Adults) – Updated January 2024

Medicaid and/or Medicare

Thrive Collaborative

Salina Anderson, PMHNP (sees teens/kids and adults)

Falicitas Mavunga, APRN, FNP-BC (sees kids/teens and adults)

Kathleen KG Langdon, APRN, PMHNP-BC (adults)

Therapists

11717 Burt St. Ste 203

Omaha, NE 68154

PH: 402-302-2775

Website: www.thrivetogether365.com

Accept NE Medicaid, Medicare Advantage plans, UMR (NE Med plan Tier 2), BCBS, other insurances;

Omaha Insomnia and Psychiatric Services

Dr. Selvaraj

Dr. Asha Dusad (child/adolescent and adults)

Christina Hadley, APRN, PMHNP

Virginia Smith, APRN, PMHNP

Amy Yeager, APRN, PMHNP

Brittany Matney, APRN, PMHNP

Kelly Hoover, PA-C

Cheri Jenkins, DNP, APRN, PMHNP

Alfred Ongesa, APRN (bilingual in Spanish; sees child/teen/adults)

Many Therapists

13917 Gold Circle

Omaha, NE 68144

PH: 402-991-9630

Website: www.omahainsomnia.com

Some providers accept Medicaid, Medicare, Medicare Advantage Plans; UNMC BCBS Tier 2; UMR; UMR NE Med Plan Tier 2; most major insurances accepted

Provides: TMS; Spravato Treatment; Sleep Studies, Neurological evaluation and treatment; medical Botox treatment; Procedure evaluations for bariatrics and transplants

Lifespan Counseling

Tawanda Mercer, DNP, PMHNP-BC

Sena Tsogbevi, DNP, PMHNP-BC

Janet Bock, APRN, PMHNP-BC

Many Therapists

8601 West Dodge Rd. Ste 106

Omaha, NE 68114

PH: 402-575-5577

Some providers accept NE Medicaid, IA Medicaid, Medicare, Medicare Advantage Plans, Tricare; most major insurances accepted. In-person and tele-health

Restore, Rebuild, Reconnect Counseling
Teresa Dowling, PMHNP-B, FNP-BC

Therapists

1941 South 42nd Street

Suite 402D

Omaha, NE 68105

PH: 402-788-4846

Insurance: Medicaid, Blue Cross, Blue Shield, BlueCross and BlueShield, Cigna and Evernorth, Midlands Choice, United Healthcare Medicaid, Nebraska Total Care

Medicaid, UnitedHealthcare UHC | UBH, Out of Network, American Express, Discover, Health Savings Account, Mastercard, Visa

Community Alliance (agency for adult MH services of various levels & programs)

Crossroads Clinic – Psychiatrists tele-health only

4001 Leavenworth St.

Omaha, NE 68105

PH: 402-341-5128

Website: www.community-alliance.org

First do intake assessment to get accepted/scheduled for psychiatric care.

Walk-in hours Mon.-Fri. 9 AM-4 PM. Or call to set up assessment appointment.

Accept NE Medicaid and Medicare as well as other insurances. UMR NE Med Tier 3

Spectrum Mental Wellness

Darrell Moreland, APRN, PMHNP-BC

919 Galvin Road South

Suite A

Bellevue, NE 68005

(402) 939-6623

Website: www.spectrum-mental-wellness.com

Private insurances, Medicare, Tricare, and NE Medicaid

Verve Collaborative Health (Adolescent and Adult care)

Dr. Gina Oliveto (Child/Adolescent, young adult psychiatrist)

Peter Tudor, PMHNP

Sara Wolfe, APRN, PMHNP-BC

Julie Zulkosky, DNP, APRN, PMHNP

Dawn Slominsky, DNP, APRN

Melissa Smith, DNP, APRN, PMHNP-BC

Kristi Bose, APRN, PMHNP (child, teen, adult)

Margaret Chipendo, APRN, PMHNP-BC (child, teen, adult)

Alesha Graves, APRN, PMHNP-BC

Cari Ott, APRN, PMHNP

Jackie Wayman, APRN, PMHNP-BC

Rojay Passley (male), APRN, PMHNP-BC

John Ramsey, APRN, PMHNP-BC

Marisha VanVleet, APRN-CNP, PMHNP-BC (child, teen, adult)

Many Therapists
11404 W. Dodge Rd
Ste. 300

Omaha, NE 68154
PH: (402) 898-1113

Website: www.vervech.com

Also provide Spravato treatment; and TMS; Offers Chiropractic care
Accept Medicaid, Tricare, UHC, UMR, others

Evolve Mental Health (Child, adolescent and Adult care)

Marquetta Williamson, APRN, PMHNP

Kimberly Anderson, APRN, PMHNP

Heather Wilhelm, APRN, PMHNP

Sherlonda Rush, LMHP Therapist

11060 Oak St

Ste 6

Omaha, NE 68144

PH: 1 (402) 414-4485

Website: www.evolveMENTALhealth.net

Does Tele-health; Offers psycho-genetic testing; ADHD Testing

Accepts NE Medicaid, UHC, UMR, Bright Health, Aetna, BCBS, Cigna/Evernorth, Medica,
Midlands Choice, "out of network" financing with insurance

Fireside Counseling

Naomi Kigundu, MSN, APRN, PMHNP-BC

Many Therapists

7701 Pacific St.

Ste. 100

Omaha, NE 68114

Med Management Appt PH: 402-819-9142

Website: www.firesidecounselors.com

Accepts NE Medicaid, UMR, BCBS, other insurances; not Medicare

Integrative Psychiatry

Macy Kasperbauer, PMHNP, APRN (sees child/teen/adult, works with DD/Autism)

Meghan Luebbert, DNP, PMHNP

Practice also has therapists

20324 Veterans Drive

Suite 104

Elkhorn, NE 68022

PH: 402-933-5700

Accepts Medicare, Medicaid, UHC, other insurances;

Website:

In-person and telehealth

Our Story Mental Health Services (formerly called Her Story)

16934 Frances Street Ste 101
Omaha, NE 68130

Anne Hofer, PMHNP-BC, PMH-C 402-256-7460 anne@herstoryomaha.com

Referral required to see Anne. She specializes in pregnancy/post-partum care

Zachary Beerman, PMHNP-BC 402-799-4829 zachary@ourstoryomaha.com

Lindsey Ramirez, PMHNP-BC 402-623-6235 lindsey@ourstoryomaha.com

Aetna | BCBS NE | Bright Health Care | Cigna | Clover | ConSociate

Elite Choice/HIS HealthSmart | Healthy Blue | Humana | Midlands Choice

Medica | Medicaid | Multi Plan | NE Furniture Mart | NE Total Care | NX Health

O'Hara Workers Comp | Wellcare

Therapy Resource Associates

Paul Wilkens, APRN, PMHNP

Has many Therapists

10824 Old Mill Rd.

Ste. 21

Omaha, NE 68154

PH: (402) 330-6060

*Accept Medicaid, Medicare, Medicare Advantage Plans, Tricare, and private insurances; Some therapists take Medicaid & Medicare

Gold Circle Counseling

Angela Kline, APRN, PMHNP-BC

Has Many Therapists

13911 Gold Circle

Suite 210

Omaha NE 68144

PH: (402) 333-6950

Website: www.goldcirclecounseling.com

Psycho-Oncology specialty for cancer patients

Accepts NE Total Care, IA Total Care, Tricare, UMR NE Med plan, and other insurance

Collaborative Psych Practitioners (Adolescent and Adult care) – no Friday hours

Kimberly Cap-Grimit, APRN, PMHNP

Molly Petersen, APRN, PMHNP

Sheree Herkenrath, APRN, PMHNP

18049 Oak St.

Omaha, NE 68130

PH: (402) 403-5222

Website: www.cppomaha.com

Accepts NE Medicaid; UHC; Medicare, but not Medicare Advantage Plans; Tricare and many private insurances.

**Think Whole Person Healthcare
Dr. Rodney Nitcher, Psychiatrist**

Therapists

7100 West Center Rd.

Omaha, NE 68106

PH: (402) 506-9000

www.thinkhealthcare.org/services/behavioral-health

Accept NE Medicaid, Medicare and private insurances; NE Med UMR Tier 1; UNMC BCBS Tier 2

CHI Psychiatric Associates – Some Clinics serve Children and Teens

Various Locations and Providers- Psychiatrists and Psychiatric Nurse Practitioners

Wait time for general adult intakes 6-8 weeks

Wait time for geriatric (over 55) is shorter

Midtown Lasting Hope 25th & Harney St.

Immanuel Out-Patient 6901 N. 72nd St.

Bellevue 33rd & Samson Way

Lakeside 16909 Lakeside Hills Ct.

Mercy in Council Bluffs 800 & Mercy Dr. PH: 712- 328-2609

Now has “open access” for psychiatry and therapy.

Call Mondays starting at 9:00 AM for a ‘first come, first scheduled” intake 1-2 weeks.

Website: www.chihealth.com ->outpatient -> psych-associates

Accepts NE Medicaid, IA Medicaid and Medicare and CHI insurance plans, UHC , Tricare.

Clinic services out-of-network with NE Med UMR and UNMC BCBS insurance

CHI Psychiatric Immediate Care Clinic (only adult care, ‘bridge’ temporary care)

For immediate out-patient psychiatric evaluation and care for people who do not have another psychiatrist. People can usually be seen within 3-5 business days.

This is a temporary service to bridge care to a different, permanent provider.

General Intake PH: (402) 717-4673

Sliding Fee Reduced Cost Mental Health Agencies

(Also accept Medicaid, Medicare and Private insurance plans)

Douglas County Mental Health Center

Out-Patient Psychiatry, Therapy, Substance Use D/O Treatment

Partial Hospital Program for Adults (uninsured or Medicaid)

4102 Woolworth Ave.

Omaha, NE 68105

PH: (402) 444-7676 Fax: (402) 996-8171

Website: www.Cmhc.douglascounty-ne.gov

Accepts Uninsured patients, NE Medicaid, Medicare; UNMC BCBS Tier 2

Walk-In, in-person any day 8:00 AM – 4:00 PM

Do an interview with an intake therapist, then schedule with psychiatrist and/or therapist

One World Community Health Center

South Omaha office staff **bilingual in Spanish**

Multiple locations.

Dr. Shannon Kinnan

Ian Mitchell, APRN, PMHNP

Main Office South Omaha (staff bilingual in Spanish)

4910 S. 30th St.

Omaha, NE 68107

PH: (402) 734-4110

Website: www.oneworldomaha.org/locations

Accepts Uninsured patients (sliding fee), NE Medicaid, Medicare; UNMC BCBS Tier 2.

Charles Drew Health Center (Child, teen, adult services)

(PCP referral needed to see psychiatrist)

Dr. Strong

Dr. Zachman (SUD treatment)

Dr. Gearin (Child/adolescent)

Dr. West (Child/Adolescent)

Mark Darby, MSN, APRN, FNP (adults)

Therapy, Alcohol/Substance Use out-patient treatment, & Healthy Family programs

2915 Grant St.

Omaha, NE 68102

PH: (402) 451-3553

Website: www.charlesdrew.com

Has psychiatrist contracted. Accepts Medicaid. Has sliding-fee for uninsured.

Heartland Family Services (Child, teen, adult services)

*Contracted psychiatric providers for therapy clients at the agency

Dr. Coy (not seeing new patients Jan. 2024)

Gerardo Gurerra-Seguro, APRN, PMHNP (bilingual Spanish)

Omaha Office

2101 S. 42nd St.

Omaha, NE 68105

PH: (402) 553-3000

Papillion Office

302 American Pkwy.

Papillion, NE

PH: (402) 552-7461

Website: www.heartlandfamilyservices.org

Therapists accept Medicaid. Psychiatrist accepts Medicaid and Medicare

Sliding fee rates for uninsured patients.

Lutheran Family Services

Has 4 psychiatric provider for therapy clients with agency

Accepts Medicaid, other insurance, and sliding-fee for uninsured.

Omaha Downtown Clinic

Kountz Commons
2665 Dougals St.
Omaha, NE 6813
PH: (402) 342-7007
Using website: www.onelfs.org/become-a-client/

West Central Omaha

Business Office and Clinic
7929 West Center Rd.
Omaha, NE 68114
PH: 402-342-7038

Psychiatric Providers in Omaha (Adults) Omaha **Private Insurance or Self-Pay Only**

Brain Health Nebraska**Dr. John Franzen**

17310 Wright St. Ste. 201
Omaha, NE 68130
PH: (531) 466-3899
Website: www.brainhealthne.com

Does in-person or tele-health; does TMS; specializes in Addiction Treatment; sees pts with Autism and ADHD and other psychiatric concerns

Accepts private insurances including UMR NE Med Tier 3; Methodist employee plans; UNMC BCBS Tier 1; Tricare, UHC, others

Woodhaven Counseling Associates (child, teen, adult services)**Dr. Nicholas Battafarano, MD (child, teens and adults)****William "Nick" King, MD****Brandi Anderson, APRN, PMHMP**

Psychologists to do evaluations for school, special services, court cases
Therapists for therapy
12001 Q St

Omaha, Nebraska 68137

PH: (402) 592-0328

Website: www.WoodhavenCounseling.com

Only Dr. King accepts Medicaid; Others only accept private insurance and self-pay;
Psychiatrists are in UNMC BCBS Tier 2 network

Sunflower Psychiatric & Mental Health Services (Adolescent and Adult care)**Andrew Martin, APRN, PMHNP**

11840 Nicholas Street Suite 101

Omaha, NE 68154

PH: (402) 534-1525

Website: www.sunflowerpsychiatric.com

Sees Pts with SPMI; offers Spravato Treatment; Assessment and Treatment of ADHD

Private insurance, including UMR NE Med, UHC; no Medicaid or Medicare

Coeur Group (teen and adult services)**Cynthia Paul, MD Psychiatrist**

Michael Coy, MD Psychiatrist
Jason Ourada, MD Psychiatrist

900 S. 74th Plz. Ste. 400

Omaha, NE 68114

PH: (402) 800-2990

Website: www.thecoeurgroup.net

No Medicaid or Medicare; Aetna, BCBS, Midlands Choice, UHC

Dr. Paul does court evaluations with attorney referral.

Dr. Coy and Dr. Paul are in UNMC BCBS Tier 2

Specialized Psychiatry (oncology & pregnancy/post-partum issues)

Megan Sheehan, MD Psychiatrist

Anne Conroy, PhD Psychologist

3157 Farnam St. Ste. 7104

Omaha, NE 68131

PH: (402) 205-1222

website: <https://www.specializedpsychiatry.com/>

Only self-pay; **not in-network with any insurance panels**, though some reimburse at out-of-network rates. No Medicaid or Medicare or Medicare Advantage plans accepted.

Palmer Psychiatric and Mental Health Services (child, teen, adult services)

Colton Palmer, APRN, PMHNP

11725 Arbor St.

Omaha, NE 68144

PH: (402) 979-7128

Website: www.omahapsychiatricpalmer.com

Also provides TMS services and Spravato treatments

Only accepts BCBS, Anthem, self-pay

Psychiatric Services PC (child, teen and adult services)

Michael Sedlacek, MD—specializes in geriatrics

Janet McGivern, MD

Cheryl Buda, MD

Brian Lubberstedt, MD -specializes in child/teen

Julie Dickson, MD

Spencer Gallner, MD

9239 West Center Rd. Ste. 211

Omaha, NE 68124

PH: (402) 399-9305

Website: www.psychiatricervicespc.com

No Medicaid; Medicare occasionally accepted; private insurance otherwise; UNMC BCBS Tier 2; only UMR NE Med (no other UMR or UHC), no Tricare

Meridian Mental Health and TMS Center

Mary Joe Hannigan, MD

Laurie Sewell, DNP, APRN, PMHNP-BC

Bob Lundholm, APRN, PMHNP

Sarah Mason, PA-C

6910 Pacific St.

Omaha, NE 68106

Phone 402-504-3707

Website mmhaomaha.com

Offers [Spravato](#), [TMS treatments](#), Pre-surgical evaluations

Medicare with an in-network secondary, Most private insurances

(*exclusions apply) Psychiatrists are in UNMC BCBS tier 2

Empower Mental Health

Janelle Hill, APRN, PMHNP – sees ages 8+ (works with ADHD and SPMI)

11422 Miracle Hills Dr. Ste. 401

Omaha, NE 68154

PH: 402-590-2590

Accepts only private insurance; not Medicaid or Medicare

Great Oaks Counseling

Concey Ramold, APRN, PMHNP (adults)

Therapists

13906 Gold Cir.

Ste. 202

Omaha, NE 68144

PH: 402-932-6500 ext. 1000

Website:

Accepts private insurances including UMR, UHC, Medica, others

Center for Mindful Living

Marilyn Erickson, APRN, PMHNP

621 N. 51st St.

Omaha, NE 68132

402-933-4070

Website: www.thecenterformindfulliving.com

Also offers [yoga and meditation groups](#)

Only private insurance accepted; no Medicaid or Medicare

Council Psychiatric Care Specialists

Joe Councill, APRN, PMHNP

919 Galvin Rd. South

Ste. A

Bellevue, NE 68005

PH: (402) 281-9035

Website: www.councilpsychiatric.com

Only private insurance including UMR, Tricare, UHC, Medica, GEHA and others.

No Medicaid or Medicare accepted; sees patients with SPMI (former in-patient nurse)

Counseling Connections & Associates (teen and adult care) (depends

Davin Dickerson, APRN, PMHNP- Only telehealth

Marty Stoltenberg, APRN, PMHNP – in-person and telehealth

Many therapists

9802 Nicholas St. – **New Address and Ph # Jan. '23**

Ste 350

Omaha, NE

PH: (402) 932-2296

Website: www.ccaomaha.com

Private insurance; No Medicaid or Medicare accepted

Great Plains Mental Health Associates (teen and adult services)

Kelly Houfek, APRN, PMHNP (specializes in LGBTQ population)

Megan Sanders, APRN, PMHNP

Michelle Christo, APRN, PMHNP (specializes in Post Partum issues)

Paula Whittle, APRN, PMHNP

LaRae Olsen, APRN, PMHNP

4610 S. 133rd St. Ste. 109

Omaha, NE 68137

PH: (402) 614-0010

Website: www.greatplainsmentalhealth.com

No Medicaid accepted; Medicare only with supplemental; private insurances and Tricare;

UNMC BCBS Tier 2

Omaha Integrative Care

Allison McKamy, DPN, APRN, PMHNP

Many therapists

2126 N. 117th Ave.

Omaha, NE 68164

PH: (402) 934-1617

Website: www.omahaic.com

Also have yoga, acupuncture, occupational therapy, nutritional guidance, support groups, corporate supports

Only private insurance and self-pay; UNMC BCBS Tier 2; no Medicaid or Medicare accepted

Complete Wellness

Sarah Schuetz, APRN, PMHNP

Therapists

2403 South 133rd Plaza

Omaha, NE 68144

PH: (402) 620-6652

Accepts Tricare, UHC, other private insurances; not Medicaid or Medicare

Thrive Mental Health

Janet Stallings, APRN, PMHNP sees ages 14+ (works with Trauma, Anxiety, SPMI)

1620 Wilshire Drive

Suite 220

Bellevue, NE 68005

PH: 402-502-1931

Accepts Private insurance, Medicare

Dr. Alan Jensen

8761 W. Center Rd.

Omaha, NE 68124

PH: (402) 397-6060

Accepts Medicare, including UHC Medicare Advantage plan; UNMC BCBS Tier 2 and other private insurances; not UMR

Dual Diagnosis Treatment (Adults) – Omaha
(Updated July 2023)

Out-Patient programs (various levels)

Nebraska Medicine Addictions Treatment

Doctor's Building South

4239 Farnam St.

7th Flr., Ste. 701

Office Front Desk: 402-552-2071 number

IOP Program

Call Front Desk to register so referral can be passed on to doctor and providers

Addictions Clinic - Out-Patient Program (Level I)

Call main scheduling line: (402) 552-6007

Suboxone prescribers: yes

No "SUD Eval only" services.

Intake Assessments are done by program social worker for the sake of determining program fit for out-patient or IOP. No need to have previous SUD Evaluation done.

Evaluations are billed to insurance, not "self-pay only"

Accept Most insurances, including NE Medicaid, IA Medicaid (but not "Molina" MCO of IA Medicaid), Medicare, Medicare Advantage plans; Not Tricare (during 2023)

Accept probation vouchers to pay for services: Yes

Do not do sliding-fee (Region 6); but people can apply for Patient Financial Assistance

Northpoint Recovery

(IOP, Partial program with SUD main focus of Dual Dx, Residential)

7215 Ontario St.

Omaha, NE 68114

PH: (402) 809-5331

Residential Fax: 531-541-6603 IOP/Out Patient Fax: Fax:531-201-9322

No "SUD Eval only" services

Suboxone prescribed on occasion in residential treatment, usually as a continued med, not typically started by their providers for Opioid Use D/O. Outpatient providers don't prescribe it.

Payment Accepted: Private self-pay; private insurances; NE Medicaid for out-patient programs (not accepted for their residential Program); Not Medicare or Advantage plans; not IA Medicaid

Do accept probation for PHP and IOP; rarely accept those for residential

They perform their own evaluations, no prior CD Eval needed.

Does Detox as part of residential program, if needed. Not as separate "only detox center".

Do not do sliding-fee or accept Region 6 funds for people who are uninsured/low-income

Immanuel CHI Psychiatric Clinic (adolescent and adult services)

(Out-Patient, Level I)

7101 Newport Ave.

Omaha, NE 68152

PH Information: (402) 717-4673

PH Clinic: (402) 572-2756 Fax: (402) 572-3467

Do "SUD evals only": covered by insurance or sliding-fee (For sliding-fee reduced rate for low-income .

First Come/First serve Tuesdays and Thursday 7 AM. needs 2 pieces of mail and photo ID

Full cost (if no insurance or not qualified for sliding-fee): \$336

No Suboxone prescribers

What **forms of payment** do they accept for their services: Most private insurances; NE Medicaid, Medicare, Medicare Advantage plans; IA Medicaid

No probation vouchers

Accept Region 6 funds for people who are uninsured/low-income; if scheduled with mental health provider appointments, they would have to come an hour early to do paperwork

Lakeside CHI Psychiatric Clinic (out-patient Level 1 only; adolescents & adults)

16909 Lakeside Hills Ct.

Ste. 400

Omaha, NE 68130

PH Info/Clinic: (402) 758-5850

Fax: (402) 758-5855

Are CD evals only done by self-pay: On Monday at Noon, first come first serve

If so, cost: \$336 (but will get 50\$ discount off if no other funding)

Same insurance information/accepted as Immanuel.

Financial aid available for low-income/uninsured from CHI or Region 6 funds

Mercy CHI Psychiatric Clinic

Out-Patient therapy, Level 1 group for adults

800 Mercy Dr.

Council Bluffs, IA

PH: 712-728-2609

Level I group for adults (open, can start at any week during the 12 class cycle).

Does SUD Evals. Monday call at 9 AM to get scheduled for the 2 available weekly slots.

Same insurance information as Immanuel.

Financial Aid available for low-income people from the hospital or supplemented by Mental Health Disability Services funding (SWIA regional program).

**CHI Psychiatric Associates Locations that do not currently have LADC staff and do not offer Dual Dx services or SUD Evals: Bellevue. No longer have Psychiatric Clinics at Bergan Mercy or in Papillion

Douglas County MHC

(Out-Patient and IOP; voluntary detox)

4102 Woolworth Ave.

Omaha, NE 68105

PH: (402) 444-7676 Fax: (402) 444-3943

Do SUD Evals: insurance, Region 6 funds for low-income, or self-pay

Suboxone prescribers: yes

Payment Accepted: NE Medicaid, not Medicare, not IA Medicaid

Accept probation vouchers to pay for services:

Accept Region 6 funds for people who are uninsured/low-income (specifically for the residential programs): yes

Heartland Family Services
(Out-Patient, SUD evals; IOP at CB Iowa Clinic only)
Provider at Iowa Clinic does prescribe Suboxone.

Omaha Office
2101 S. 42nd St.
Omaha, NE 68105
Intake PH: (402) 552-7400
Fax: (402) 552-7497

Papillion Office
302 American Pkwy.
Papillion, NE 68046
PH: (402) 552-7461
Fax: (402) 552-7497

HFS also has **Family Works** Programs (Residential Apt. living) in Omaha & Council Bluffs for SA recovering mothers and their children. Contact main offices for referrals.

Accepts Medicaid, Medicare (for psychiatry), most major insurances. In IA accept IA Medicaid. Has sliding-fee Region 6 coverage for uninsured.

Inroads to Recovery (Dr. S. Sattar, Psychiatrist)
(Residential, IOP, and Out-Patient counseling)
2808 N. 75th St.
Omaha, NE 68134
PH: (402) 932-2248
Fax: (402) 932-3557
Medicaid and Private insurances; not Medicare

<p>Does "One time" SUD Evals Have a morning and evening IOP group. Suboxone prescribers: Yes, Psychiatrist does prescribe this for Opioid Use D/O Forms of payment accepted: NE Medicaid and private insurance</p>
--

**Lutheran Family Services
(Out-Patient and IOP Adult)**

**Omaha Main Downtown Office Kounze Commons
IOP and out-patient therapy**

2665 Douglas St.
Omaha, NE 68131
PH: (402) 342-7007
Fax: (402) 661-7117

New Omaha Office

7929 W Center Rd
Omaha, NE 68124
PH: 402-342-7038

Level of services: IOP and out-patient Dual Diagnosis counseling

Suboxone prescribers: Yes

What **forms of payment** do they accept for their services:

List accepted insurances: NE Medicaid; Medicare; not IA Medicaid

Do Accept probation vouchers and DHHS Vouchers

Accept Region 6 funds for people who are uninsured/low-income

Do "One time" **CD Evals** (Chemical Dependency/SUD evals

Are CD evals only done by self-pay: No, accept insurances/Region 6

If so, cost: sliding scale; if 100% self-pay, \$440

Valley of Hope- Omaha (16 y/o+)
(Out-Patient; IOP and after-care; Evals)

7703 Serum Ave.
Ralston, NE 68127
PH: (402) 991-8824
Fax: (402) 991-3486

Level of services:

PHP, IOP, and out-patient Dual Diagnosis counseling; no residential

"One time" **CD Evals** (Chemical Dependency/SUD evals): Yes

Are CD evals only done by self-pay: Yes, for 1x assessments

If so, cost: \$160

Suboxone prescribers: No

What **forms of payment** do they accept for their services:

Accepted insurances: Only commercial insurances or self-pay; No Medicaid or Medicare

Accept probation vouchers to pay for services: Yes

Do not accept Region 6 funds for people who are uninsured/low-income

Tribal Affiliated Treatment Centers

Intertribal Treatment Center – NE Urban Indian Health Coalition

(Out-Patient and IOP) – Do not need to be Native American for out-pt services

Residential sponsored by National Indian Health, must be Native American

2240 Landon Ct.

Omaha, NE 68103

PH: (402) 346-0902

Fax: (402) 342-5290

Level of services:

Residential, IOP, and/or out-patient Dual Diagnosis counseling; no residential

Do "One time" **SUD Evals**

Suboxone prescribers: no

What **forms of payment:** Accepted insurances: NE Medicaid, Medicare, private insurance

Accept Probation Vouchers and Region 6 voucher funding for low-income/uninsured

Ponca Tribe of NE

Fred Leroy Health and Wellness Center

(Out-Patient and IOP- Only Native Americans are eligible for services (IHS funded))

2602 "J" St.

Omaha, NE 68107

PH: (402) 734-5275

Fax: (402) 933-9657

Jae Eason Referrals (Mental Health and SA)

SUD evals: Wednesdays at 8-9:30am, 1st come, 1st serve

Are CD evals only done by self-pay: no charge (only for Native Americans)

Psychiatrist contracted (appts only on Wednesdays)

Suboxone prescribers: Not sure

Forms of payment accept for their services: NE Medicaid, IA Medicaid, Medicare (always \$0 copay); private insurances

Substance Use D/O Residential Treatment Programs (Adult) – Omaha

Detox Center at Campus for Hope (Douglas County managed-Residential Detox)

1490 N. 16th St.

Omaha, NE 68102

PH: (402)444-1975

Call ahead to ensure bed availability, but beds will not be held. People need to present in person to check in. A person is put under Civil Protective Custody for no more than 24 hrs., and/or until "0" intoxication on a breathalyzer test. It is temporary 3-5 day treatment (voluntary). People will need to bring own meds to take psych meds.

SUD Evals done there. Medicaid and sliding-fee for uninsured; self-pay cost \$360

Suboxone prescribers:

Payment accepted NE Medicaid: IA Medicaid of Amerigroup, IA Total Care; Not Medicare; Accept Region 6 funds for people who are uninsured/low-income (specifically for the residential programs), must be resident of Nebraska

Campus for Hope (Center Pointe managed as of March 2017) (Residential and Out-Patient)

1490 N. 16th St.

Omaha, NE 68102
PH: (402) 827-0570
Fax: (402) 554-0365

Level of services: Short-Term Residential Program, Co-Occurring Residential Program;

Suboxone prescribers:

What **forms of payment** do they accept for their services: NE Medicaid;

List accepted insurances:

NE Medicaid:

Medicare:

IA Medicaid?

Accept probation vouchers to pay for services:

Accept Region 6 funds for people who are uninsured/low-income (specifically for the residential programs):

Do not do "One time" **SUD Evals**. Need to get one done prior to applying for residential

**The Stephens Center
(Residential – mixed gender)**

5217 S. 28th St.

Omaha, NE 68107

PH: (402) 715-5440

Fax: (402) 715-5452

Also runs **HERO Program** for transitional living (sobriety required)

Level of services: Residential short-term (30-45 days), and long-term (more than 45 days)

Short-term self-pay is \$900

IOP is 3 days a week, 9 AM -12 PM.

Suboxone prescribers: No

Forms of payment accepted: NE Medicaid; do not accept commercial insurance; do accept probation vouchers for short-term residential

Do not accept Region 6 vouchers. But, offer sliding-scale income based cost for IOP

Do not do SUD Evals. Person has to have eval done elsewhere indicating level of care recommendation.

**Sienna Francis House Miracles Program
(Residential – Divided by men/women)**

1702 Nicholas St.

Omaha, NE 68102

Office PH: (402) 341-1821 Option '2' (or) directly: (402) 505-9699

Level of services: Residential

Suboxone prescribers: No

Forms of payment: NE Medicaid; not Medicare, not IA Medicaid.

Accept probation vouchers ?

Accept Region 6 funds?

Do not do "One time" **CD Evals** . Person has to have one done indicating level of care recommended in order to apply.

Inroads to Recovery (Dr. S. Sattar, Psychiatrist)
(Residential, IOP, and Out-Patient counseling)

2808 N. 75th St.

Omaha, NE 68134

PH: (402) 932-2248

Fax: (402) 932-3557

Medicaid and Private insurances; not Medicare

Does "One time" SUD Evals

Have a morning and evening IOP group.

Suboxone prescribers: Yes, Psychiatrist does prescribe this for Opioid Use D/O

Forms of payment accepted: NE Medicaid and private insurance

Adult Rehabilitation Center (ARC)- Salvation Army
(Residential 6 mo. – 1 yr. program)

2551 Dodge Street

Omaha, NE 68131

402-898-5900

Level of services: Residential

No Psychiatry provider; not an out-patient SUD/MH Clinic

Payment accepted: NE Medicaid,

Accept probation vouchers to pay for services?

Accept Region 6 funds ?

Do not do "one time" SUD Eval; must have one done prior to applying indicating recommended level of care.

Nova

(Residential - mixed gender)

8502 Mormon Bridge Rd.

Omaha, NE 68152

PH: (402) 455-8303

Fax: (402) 455-7050

Level of services:

Youth Residential/PRTF (3.7 primary substance treatment)

Adult Residential (3.5 short-term and a 3.3 long-term)

No outpatient services

No SUD "One time" Evals; need to get one done elsewhere prior to applying for treatment

Suboxone prescribers: No prescribers; patients have to go to community based services

Payment accepted for their services: NE Medicaid; No Medicare; No IA Medicaid

Probation Vouchers? Not for kids; yes for adults

Accept Region 6 funds for people who are uninsured/low-income

Santa Monica

(Residential – Women only; 90 day and 6 months programs)

130 N. 39th St.

Omaha, NE 68131

PH: (402) 558-7088

Fax: (402) 558-7133

No Psychiatrist/no Suboxone prescribed; If needed, find outside psychiatry provider
Payment accepted: NE Medicaid; Not Medicare; Not IA Medicaid
Probation vouchers: Yes
Accept Region 6 funds for people who are uninsured/low-income (specifically for the residential programs)

ARCH House (3 locations)

Residential – Men only. 12-15 month program divided into 6 mo. Stages

³/₄ way house through after-care program

1502 N. 58th St.

Omaha, NE 68104

PH: (402) 346-8898

Fax: (402) 346-1129

No SUD Evals; need to get one prior to treatment indicating level of care needed
No Psychiatry prescribers/no Suboxone prescribed: If needed, arrange own psychiatrist
Payment accepted: NE Medicaid: Y; no Medicare; No IA Medicaid
Accept probation vouchers
Accept Region 6 funds for people who are uninsured/low-income

Tribal Members

Intertribal Treatment Center – NE Urban Indian Health Coalition

(Residential sponsored by NIH, so must be Native American for services)

2240 Landon Ct.

Omaha, NE 68103

PH: (402) 346-0902 Fax: 402-342-5290

Methadone Clinics (Medication and Counseling)

(Updated July 2023)

BAART Community Healthcare Omaha

Methadone Maintenance Clinic - Federal

1941 St. 42nd St. (Center Mall)

Omaha, NE 68105
PH: (402) 341-6220
Fax: (402) 341-6218

Level of services:

Out-patient Dual Diagnosis counseling

Suboxone prescribers: Yes

What **forms of payment** do they accept for their services:

List accepted insurances:

NE Medicaid: Y

Medicare: Part D and a couple Advantage Plans (depends on plans)

IA Medicaid: Y (Amerigroup and Total Care only)

Accept probation vouchers to pay for services: Not sure; contracted with Douglas County Corrections Jail with Well-Pak; dose clients in the Douglas County Jail

Accept Region 6 funds for people who are uninsured/low-income (specifically for the residential programs): Yes (the only Region 6 funded methadone program)

"One time" **CD Evals** (Chemical Dependency/SUD evals): no, is part of the intake; not a complete CD eval that a probation officer or Judge would think is sufficient

Dual Diagnosis Treatment (Adolescent) – Omaha (Updated July 2023)

Nebraska Medicine Addictions Treatment

Dr. Ken Zoucha and Dr. Varun Sharma (see teens and young adults for individual treatment)

Laura Schutte-Lundy, LMHP (Level I group for teens)

Doctor's Building South

4239 Farnam St.
7th Flr., Ste. 701
Office Front Desk: 552-2071

Level of services:

Out-patient Dual Diagnosis counseling

Suboxone prescribers: Dr. Zoucha

What **forms of payment** do they accept for their services:

List accepted insurances: NE Medicaid; Medicare; private insurance; IA Medicaid (except Molina MCO)

Accept probation vouchers to pay for services: yes

Do not accept Region 6 funds for people who are uninsured/low-income

Do not do "One time" SUD evals

Imagine Northpoint Recovery (run by Northpointe)

(Partial program for Adolescents, mainly MH focused; start in Feb 2023)

Adolescent Partial Program Mon-Fri, 8 AM – 3 PM

8710 Frederick St.

Omaha, NE

PH: 531-201-6890

Accepts NE Medicaid and private insurance

Level of services:

Residential, IOP, PHP (no Out-Patient clinical less intensive Dual Diagnosis therapy)

On occasion, some prescribers will use Suboxone during their program.

They do not have an out-patient psychiatry clinic with their program

Forms of payment accepted: NE Medicaid, but only for IOP, not Residential; Not Medicare; Not IA Medicaid. Accept private insurances also.

Accept probation vouchers only for PHP and IOP; rarely accept for residential

Do not accept Region 6 funds for people who are uninsured/low-income

Do own SUD evals to determine level of treatment. Do not do "only SUD evals.

Be Kind Counseling

IOP and out-patient therapy

11837 Miracle Hills Dr. St. 102

Omaha, NE 68154

PH: 402-277-9499

No psychiatric services; no Suboxone prescribed.

Payment accepted: NE Medicaid, some private insurances including UMR; No Medicare; no IA Medicaid; No Medicare

Do not accept probation vouchers or Region 6 funding

One time" **CD Evals** (Chemical Dependency/SUD evals): yes, Paid by self-pay or insurance

Omaha Home for Boys

Out Patient SUD teen treatment (co-ed)

4343 N. 52nd St.

Omaha, NE 68104

PH: (402) 457-7000

Level of services:

Out-patient Dual Diagnosis counseling;

Residential Group Home, Juvenile Probation referred Crisis Stabilization Program; OHB School; Day and Evening Reporting Program

Suboxone prescribers: no; no psychiatrist with clinic

What **forms of payment** do they accept for their services:

List accepted insurances: NE Medicaid; private insurances; not Medicare; Not IA Medicaid

Accept probation vouchers to pay for services: yes

Accept Region 6 funds for people who are uninsured/low-income (specifically for the residential programs): no; charge the Medicaid rate for everyone, including uninsured people

"One time" **CD Evals** (Chemical Dependency/SUD evals): no

Boys Town – Chemical Use/Dependency Program (IOP and Out-Patient)

13460 Walsh Dr.

Boys Town/Omaha, NE 68010

PH: (531) 355-3358

Level of services: IOP and/or out-patient Dual Diagnosis counseling

Suboxone prescribers: no

What **forms of payment** do they accept for their services:

List accepted insurances: NE Medicaid, private insurances; no IA Medicaid; No Medicare

Do not accept probation vouchers or Region 6 funding

Accept probation vouchers to pay for services:no

"One time" **CD Evals** (Chemical Dependency/SUD evals): yes

Are CD evals only done by self-pay: yes and insurance

CHI Health Psychiatric Associates
(Out-Patient; no IOP; no Residential)

Immanuel

7101 Newport Ave.

Omaha, NE 68152

PH Information: (402) 717-4673

PH Clinic: (402) 572-2756

Fax: (402) 572-3159

Lakeside

16909 Lakeside Hills Ct. Ste. 400

Omaha, NE 68130

PH Info/Clinic: (402) 758-5850

Fax: (402) 758-5855

Level of services: out-patient Dual Diagnosis counseling (only Level 1 services); no residential;

Do "One time" **CD Evals** (Chemical Dependency/SUD evals)? Yes

Immanuel: Walk in every Tues. & Thurs. 7 AM, first come first serve

Lakeside: Walk in every Monday at Noon, first come first serve

CD Evals paid by insurance or Region 6 based off income (needs 2 pieces of mail and photo ID and get at 7am, 1st come 1st serve, Tues, Thurs Morn). If self-pay, cost: \$336

Suboxone prescribers: No

Payment accepted: NE Medicaid, private insurances, Medicare, IA Medicaid

Do not accept probation vouchers.

Accept Region 6 funds for people who are uninsured/low-income: for all services; if scheduled with mental health provider appointments, they would have to come an hour early

Valley of Hope- Omaha (16 y/o+)

(Out-Patient; IOP and after-care; Evals)

7703 Serum Ave.

Ralston, NE 68127

PH: (402) 991-8824

Fax: (402) 991-3486

Level of services:

PHP, IOP, and out-patient Dual Diagnosis counseling; no residential

Do "One time" **CD Evals** (Chemical Dependency/SUD evals)

Are CD evals only done by self-pay: Yes, for one time assessments; cost: \$160

Suboxone prescribers: No

Payment accepted: Only commercial insurances or self-pay; no Medicaid, Medicare

Accept probation vouchers

Do not accept Region 6 funds for people who are uninsured/low-income

**Substance Abuse Residential Treatment Programs (Adolescent) – Omaha
(PRTF, have to have MH Dual Dx Issue)**

Nova Treatment Community

(PRTF Youth Residential (3.7 primary SUD treatment))

8502 Mormon Bridge Rd.

Omaha, NE 68152

PH: (402) 455-8303

Fax: (402) 455-7050

Level of services: Youth and Adult Residential; No out-patient clinic or IOP
Do not do "One time" **CD Evals** (Chemical Dependency/SUD evals)

No Suboxone prescribers. patients have to go to community based services
Payment accepted: NE Medicaid; no Medicare; no IA Medicaid

Do accept probation vouchers for adults

Accept Region 6 funds for people who are uninsured/low-income